



Breastfeeding Information and Support

snvbreastfeeding.org

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Lactation Consultants

Laura Cooper, BA, IBCLC, Doula

Advanced Breastfeeding Support of Las Vegas
www.breastfeedingsupportlv.com
Office: (702) 764-9290 Cell: (702) 321-6712

Lauren Frey, MA, CCC-SLP, IBCLC

www.lv lactation.com
(702) 919-6519

Zena Gresham, IBCLC

Z to A Lactation Advising
(702) 425-2791 ZtoALactation@gmail.com

Colette Moore, BSN, RN, IBCLC

(702) 217-0882 www.lasvegasbreastfeeding.com

Jollina Simpson, IBCLC

(702) 524-9705

Autumn Wake, RN, BSN, IBCLC

Advanced Breastfeeding Support of Las Vegas
www.breastfeedingsupportlv.com
Office: (702) 764-9290 Cell: (904) 613-8255

Lisa Weinschenker, RN, BSN, IBCLC

Breastfeeding and Babies, LLC
(702) 944-7437 www.breastfeedinglv.com

Lactation Counselors

Phelicia Cyrus, CLC

Next 2 Venus
(360) 977-2001 www.next2venus.com

Aisha Fanning, CLEC, Doula

Vegas Family Doulas
(702) 907-6378 www.vegasfamilydoulas.com

Alura Hirsch, CLC, ALC

Vegas Valley Lactation Services
(702) 483-1666 www.vegasvalleylactation.com

Rikki Jenkins, CLEC, Doula

Rikki the doula Las Vegas Birth Services
(702) 741-7570 www.rikkiethedoula.com

Jefferyanna Nelson, CLC, Doula

Jefferyanna's Doula Services
(702) 245-9100 www.jefferyanna.com

Keys to Credentials

International Board Certified Lactation Consultant (IBCLC) – most extensive formal lactation education and requires clinical hands on training lactation; has passed an international certification exam and has in continuing education requirements in lactation. Recertifies every 5 years. Educated to handle more complex breastfeeding scenarios.

Advanced Lactation Consultant (ALC) - Completed 45-hour training and have passed a criterion-referenced examination, and demonstrated the competencies and skills required to provide counseling, requires recertification every 3 years.

Certified Lactation Counselor (CLC) – has successfully completed a one-week course (45 hour) of training and competency verification in breastfeeding and lactation support. Re-certifies every 3 years.

Certified Lactation Educator (CLE) – has successfully completed a one-week course (45 hour) in basic lactation and its management and required post seminar homework.

Certified Lactation Educator Counselor (CLEC) – has successfully completed a 45-hour credit course in basic lactation and its management and required post seminar homework which may include a clinical component.

Thank you for Breastfeeding in PUBLIC!

NRS 201.232 Notwithstanding any other provision of law, a mother may breast feed her child in any public or private location where the mother is otherwise authorized to be, irrespective of whether the nipple of the mother's breast is uncovered during or incidental to the breastfeeding. **AB 113** Requires certain employers to make certain accommodations for a nursing mother.

Disclaimer

Southern Nevada Breastfeeding Coalition cannot be held liable for the practices of providers listed on our resource page.

It is for informational resource purposes only. If you have concerns about a provider on this listing, please contact us at snvbreastfeeding@gmail.com. Providers listed in this directory, unless otherwise indicated, charge a fee for their services. Some have a sliding scale, and some accept insurances. The credentials listed after their names are listed as the individual requested and described. None have been verified by SNBC.

All licensed health practitioners have additional continuing education requirements to remain current in respective field.



SOUTHERN NEVADA
Breastfeeding
COALITION



Breastfeeding Information and Support

snvbreastfeeding.org

facebook.com/snvbreastfeeding.org

Breastfeeding & Postpartum Support

Angel Breast Pumps

Offering breast pump rentals and discounted sales
(702) 862-6435 www.angelpumps.net

Kay and Me Doula and Wellness

Doula, Yoga, Mental Health
(702) 886-0479 <https://www.kayandme.com/>

Las Vegas Baby Co

Pregnancy & postpartum care, prenatal yoga, lactation
(702) 476-8998 <http://lasvegasbabyco.com/>

Maternal Minds Counseling

Private consultations for Counseling for Post Partum Mood and Anxiety, Support Groups
(702) 456-4262 <http://www.maternalmindscounseling.com/>

St. Rose Barbara Greenspun Women's Care Center

Private consultations, baby weigh station, weekly support group, classes, pump rentals. *Se Habla espanol*
(702) 616-4901. Warm line: (702) 616-4908

Southern Hills Hospital Medical Center

Breastfeeding moms group (IBCLC & CLC)
<https://southernhillshospital.com/service/breastfeeding-support-group> Helpline (702) 916-6600

The Healthy Living Institute at UMC

Health and wellness activities & education, car seat classes, senior celebrations, private lactation consults.
(702) 383-7353 www.umcsn.com

Vegas Family Doulas

Postpartum support, Placenta encapsulation, Meal Prep.
(702) 907-6378 www.vegasfamilydoulas.com

Well Rounded Momma

Private consultations, support groups, breastfeeding classes
(702) 478-5080 www.wellroundedmomma.com

Perinatal Mood and Anxiety Disorders (PMADs)

Encompass a range of mental health disorders. *You are not alone.* With help, you will be well. *"Speak Up When Down."*
For immediate assistance contact:
(702) 970-8580 www.MaternalMentalHealthNOW.org
Gabrielle Kaufman, MA, LPCC, BC-DMT Director

Women, Infants, & Children (WIC)

Starting healthy habits, growing brighter futures!
WIC provides nutritious foods, nutrition education, breastfeeding support, and referrals to health and other social services to participants at no charge. WIC serves income eligible pregnant, postpartum and breastfeeding women, and infants and children up to age 5 who are at nutrition risk. Visit website for closest WIC clinic and store.

1-800-863-8942
702-249-0325

www.nevadawic.org
www.itcnwic.org

Telephone Resources

Breastfeeding Helpline

Monday–Friday: 9 am–6 pm (*English and Spanish*)
(800) 994-9662 www.Womenshealth.gov

Infant Risk Center

Up-to-date evidence-based information on the use of medications during pregnancy and breastfeeding
Monday – Friday: 8am – 5pm
(806) 352-2519

Work Life Law

Free legal hotline for Mothers who are or plan to pump after returning to work. (415) 703-8276

Apps

CentraCare Baby (free)—resource to build confidence related to pregnancy, breastfeeding & adjustment to parenting

Coffective (free)—a tool to help pregnant women set and reach their goals

LactMed (free) - database of drugs and dietary supplements that may affect breastfeeding

Breastfeeding Solutions (\$6.99) – a guide to overcoming most common breastfeeding problems

Local Facebook Groups & Blogs

Breastfeeding Welcomed Here

<https://www.facebook.com/BreastfeedingWelcomedHereNV>

Big Latch On-Las Vegas

<https://www.facebook.com/BigLatchOnLasVegas/>

Las Vegas Valley Homebirth

www.facebook.com/groups/515057985176333/

Southern Nevada Breastfeeding Coalition

<https://www.facebook.com/snvbreastfeeding.org/>